

# 2001 California Dietary Practices Survey

**Table 22: Why Californians Are Not Eating More Fruits and Vegetables (Out of Those Who Think They Should Eat More Vegetables)**

Question: For yourself, do you agree or disagree...

Its hard to get fruits and vegetables at restaurants.

Its hard to get fruits and vegetables at fast food places.

Its hard to get fruits and vegetables at work.

I don't eat more fruits and vegetables because I'm worried about pesticides.

Fruits and vegetables are too expensive.

Base: Out of those who think they should eat more vegetables

## Percent Agreeing

	Hard to buy in restaurants	Hard to buy in fast food places	Hard to get at work	Worried about pesticides	Too Expensive	
<b>Total</b>	<b>37</b>	<b>86</b>	<b>62</b>	<b>15</b>	<b>32</b>	
<b>Sex</b>						
Males	38	88	62	14	26	***
Females	35	85	62	16	37	
<b>Males</b>						
18 - 24	41	88	62	14	20	*
25 - 34	42	87	61	15	26	
35 - 50	38	88	63	13	24	
51 - 64	33	88	64	16	41	
65+	33	94	63	9	26	
<b>Females</b>						
18 - 24	34	86	65	10	32	*
25 - 34	42	87	59	13	33	
35 - 50	32	86	65	19	37	
51 - 64	25	82	64	11	40	
65+	42	77	55	26	51	
<b>Ethnicity</b>						
White	30	90	62	10	26	***
Hispanic	54	77	63	26	41	
Black	40	89	59	27	45	
Asian/ Pacific Islander	27	86	60	15	32	
<b>Education</b>						
Less than high school	57	77	67	36	49	***
High school graduate	36	85	66	17	37	
Some college	32	86	62	12	32	
College graduate	34	92	58	8	22	
<b>Income</b>						
Less than \$15,000	44	80	65	24	51	***
\$15,000 - 24,999	37	87	70	18	36	
\$25,000 - 34,999	40	89	43	13	41	
\$35,000 - 49,999	36	89	61	9	28	
\$50,000+	32	91	61	9	17	
<b>Physically Active</b>						
Did not meet recommendations	38	86	64	18	36	**
Met recommendations	35	87	60	11	27	
<b>Overweight Status</b>						
Overweight/Obese	36	87	61	14	32	
Not overweight	37	88	64	13	31	

A box around a group of numbers signifies that differences observed within this group are statistically significant.

Chi square test:

\* p<.05

\*\* p<.01

\*\*\* p<.001